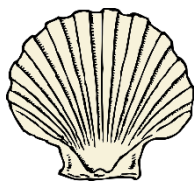




Bury St Edmunds Methodist Circuit

Newsletter July/August 2022



Greetings.

This year's Methodist Conference was held in Telford from 23rd – 30^h June . Made up of 306 representative members from our Connexional life – members of local Churches and Church Councils, Circuit Meetings and Districts, Policy Advisors, Ministers [Deacons and Presbyters], Lay Workers, Youth Workers, Lecturers and Principals, Trustees for Methodist Homes, All We Can, Methodist Schools and so many more representing our Connexional life. The agenda always provides for a wide range of theological debate - 'Ethical Investment of Finances', 'Climate Crisis', 'Justice, Dignity, Solidarity', 'Equality, Diversity, Inclusion' 'Oversight, Trusteeship, and Leadership' 'Methodist Church of England Covenant', ' to name a few!

Being in Connexion is a fundamental expression of The Methodist Church. We listen to each other, we listen to the world, we discern how the Bible can enlighten our understanding, we look to tradition – what has the tradition of our faith to say in this current situation, in each community and context and to each individual? We remember the Saints – those who have lived and worked in faith, died and risen in Christ – what do they have to say to us? [our understanding: we are eternally connected]. We take note of experience, we apply reason, we then agree, and we disagree – but we hold together; we are in Connexion. It can be joyful, hopeful, exhilarating, faith-building, and also frustrating and downright painful – all within one Conference and even one day!

Whatever Conference grapples with is a reflection of all we experience in Circuit life – ultimately in daily life. Whatever we decide - ‘The Methodist Church’ - finds its way into each local Church in the expression of our purpose and mission – ‘to respond to the gospel of God's love in Christ and to live out its discipleship in worship and mission’. As a Circuit, we aim to connect in ever deeper, closer, creative, imaginative, and meaningful ways; and in support of, and in connection, to one another; we trust we will all continue to grow in Grace, Wisdom and in being Connected to each other within our Connexion.

Whatever you are doing today: waiting for that doctor's call; waving someone goodbye; welcoming a new family member; anticipating those exam results; packing up a home you've lived in for years; preparing for that holiday; moving on to university; dreading that call from an employer; hoping for that investment to pay out; enjoying coffee with a friend; embracing a hard day's work; taking it easy in the garden; getting ready for a celebratory meal; sitting unseen, alone - you are never truly alone. You are being 'heard', 'listened to', 'not forgotten' 'always prayed for' 'held'. Connexion points to something profound. We are all eternally connected to each other. We are all eternally Connected with God. *Always, everywhere, in this very moment, God is with you – and with you eternally. God CONNECTS all things, all time, all people – and that's for ever.*

My Love and Prayers.

Rev'd J C Vinyard



Circuit Sunday Zoom Services are at 6pm. Zoom links for all services are later in the newsletter, there is also an option to 'dial in' via your telephone to join these services. Please do join us in our circuit worship, it is a good opportunity to experience a different form of worship, and isn't just for those who can't access the church building. All are welcome.



News from the Circuit: Rev Ruth Ridge will be on Sabbatical from 16th May to 19th August. We wish her well in her pursuits during this time. Please raise any concerns or issues with Rev Jason and Rev Rita whilst Rev Ruth is away.



Caroline has increased her hours in the Circuit Office, and will usually be available Monday, Wednesday and Thursday 930am – 230pm.

News from Old Newton: We are delighted to report that our vestry has been redecorated and fitted with a new carpet recently. It is very smart now and a good room for holding some of our smaller activities. It should be cosy in the winter and easy on the heating!



News from Christchurch, Needham Market: Christchurch was able to contribute to the decoration of the High Street for the Jubilee by creating a display in our welcome area. The Knitting group produced almost 50 red white and blue teddy bears for a "Teddy Bears Jubilee " These

are now being sold at our coffee mornings with the money going to charity and any unsold teddies will be given to Charity.

At the communion service on 12th June we were delighted to induct Dawn Spurling as a new Elder. Dawn has been an active member of Christchurch for some years and is responsible for instigating and running our packed lunch project which provides packed lunches for some local families in need during school holidays

News from Trinity: Our Jubilee celebratory event went very well. Plenty of passers-by stopped for a free cake and drink and even sitting down at the tables for a chat. Some people very generously insisted on giving a donation towards Church funds. The sun didn't make an appearance but at least the rain held off! An enjoyable day. Hopefully our Wednesday Coffee Mornings will start again in July. Nowadays there seems even more planning necessary, but we will get there...with God's help!

The excellent Aquarius Singers are giving a concert at Trinity on 10th July at 7pm. Tickets are £8 on the door(cash only) or from Balaams Music shop; there will be refreshments and a raffle to raise funds for Drop-In.



LWPHomes

**Jenny Benfield -
Leaders of Worship and Preachers'
Homes (LWPHomes)**

Some of you will remember the Care Homes set up many years ago by LPMA (Local Preachers' Mutual Aid) to care for older Local Preachers and their dependents. Reorganisation meant that LPMA eventually became LWPHomes and it is still very active today in caring for the elderly in the Westerley Christian Care Homes at Minehead, Woodhall Spa and Westcliff. There is also an assisted living project near Sherborne in Dorset.

These days, although priority is given to local preachers in need of care, anyone who is happy to subscribe to the Christian ethos of the Homes can be considered. Morning Prayers and Worship are important elements in the life of the Homes and these are taken by ministers or local preachers where possible.

If you would like to find out more about this work, please look at the website: www.lwphomes.org.uk or e-mail/phone Jenny Benfield, who will be happy to give you further information.



MHA Sunday: Francs Car

On Sunday 12th of June 2022, we celebrated MHA Sunday. Many MHA Chaplains will have been out to promote the work MHA does for the 18,500 residents under our care. We, at The Martins are proud to be of this Christian organisation. I was very fortunate to be at Trinity Methodist Church in Bury St Edmunds that day to share our story, in the light of the readings, with the congregation there.

Please see below a short history of MHA.

In 1937 Rev. Walter Hall gathered together a group of friends in an attempt to find a solution to the problem of accommodation for vulnerable, elderly people, and to provide an alternative to the workhouse.

Methodist Homes (MHA) was founded in 1943 by a group of Methodists who wanted to improve the quality of life of older people, especially ladies who had become widows, because of the First World War. This is the time before the creation of the Welfare State. Methodism has always placed importance on service to the community.

It took until 1943 before the organization started its life. Then it will take another two years before the dream of Walter Hall was realised.

1943

MHA founded by Rev Walter Hall and the Methodist Church as an independent charity to provide care, support and accommodation for older people in need.

1945

MHA's first residential care home opened to improve the quality of life for older people.

1950's

A steady stream of residential homes were opened in the South East, the Midlands, Yorkshire and Lancashire

Today, MHA Methodist Homes cares for and supports over 18,500 older people in its 90 care homes, 70 retirement living complexes and 57 community-based Live at Home schemes, all helping older people live later life well.

Methodism has always placed importance on service to the community.

As fresh ideas and new research into the needs of the elderly appear, so MHA is there at the forefront doing what Methodists do very well: giving help and support: God's love in action.

In 1937 Rev. Walter Hall addressed the Founding Committee thus:-

"I want your support in a scheme to find a house which we can use for some of these people. It won't be easy. The time is not ripe for this adventure. And it will cost money. Are you prepared to back such a plan?" The answer then was a whole-hearted YES.

Thanks to this first group of people who supported the vision of Rev. Walter Hall, we can continue the work they started. Our hope is that all who come to us will indeed see "God's love in action". Please give us your support. Thank you!



The first group of Methodists who joined Rev Walter Hall, seen on the right in this picture

THANK YOU

On behalf of all who reside at our residences, but especially the residents at The Martins and on behalf of all the staff, I would like to thank you for your generous donations towards the work of MHA. Without your support we would not be able to continue the care we give and help our residents 'To live later life well' as it says in our motto.

If you, or anyone you know, is interested in becoming a volunteer at The Martins, then please don't hesitate to contact me on the number below or email me.

Volunteers can:

- Be befrienders
- Lead Prayers
- Help our Gardener
- Do activities with our residents
(games, quizzes, story-telling)

It does not cost anything to be a volunteer, apart from some of your time. Just imagine the great pleasure you can bring to people and so help them to live later life well by giving them some of your time. Do give it a thought and pray about it.

If you would like to support us financially on a regular basis, why not become A Friend of The Martins? For £5.00 a month you can support the Friends and your money will help to do so much more for our Residents. The Friends are a tremendous support to us. We hope to welcome many more friends. Could it be you.

Please contact me if you wish to find out further information.

Francis Carr

The Aquarius Singers

Invite you to

A Celebration of Music

Conducted by

Nicholas Sheehan

Accompanied by

Jill Garrett

7 p.m.

Sunday 10th July 2022

Trinity Methodist Church

Brentgovel Street,

Bury St Edmunds,

IP33 1EB

Tickets: £8.00

Available on the door (cash
or cheque only) or Balaam's
Music, (Risbygate Street)

Raffle in aid of
Bury Drop In Centre

Refreshments

OLD NEWTON METHODIST CHURCH

Classical Favourites for a Summer's Evening

Concert by Celia



in the Chapel
Friday, 15th July
7.30

Donations for Church Funds gratefully
received
(suggested minimum donation £7.00
refreshments included)

OLD NEWTON METHODIST CHURCH



TUESDAY, 21st July

10.45 – 12 noon

Do join us for coffee and nibbles
with lively chat – a great opportunity
for meeting up with old friends
and making new ones.
We'd love to see you.

OLD NEWTON METHODIST
CHURCH

Friday Lunch



Friday, 8th July

12.15 – 1.30

Do come and join us



Coffee Morning & Stalls

SATURDAY 9TH JULY
10.30AM - 12.30PM



All Welcome!

The Methodist Church
Northumberland Avenue
Bury St Edmunds
IP32 6NA



Ixworth Methodist Chapel
WELCOME to COFFEE and CHAT
Tuesdays 10am to 11.30am

You are warmly invited to...

C.A.M.E.O

(COME AND MEET EACH OTHER)

When?

The First Wednesday of each month
2.30pm

Where?

The Methodist Church
Northumberland Avenue
IP32 6NA

**ALL
ARE
WELCOME**



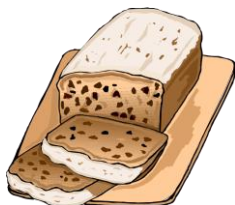
~ FREE PARKING ~ FULLY ACCESSIBLE BUILDING ~



Join us at
Christchurch
Needham Market

COFFEE MORNING

with



CAKE STALL



Books and Puzzles

2nd Saturday of the Month

10am – 12noon

All welcome

GUARDIANS & TIDDLERS

Baby & Toddler Group
Newborn - Preschool

£1
PER
FAMILY

THURSDAYS
1PM - 3PM
(TERM TIME ONLY)



The Methodist Church
Northumberland Avenue
Bury St Edmunds
IP32 6NA



Enquiries:

northumberlandtiddlers@outlook.com

St John's, Sudbury

Garden Party

Wednesday 31st August

3pm onwards

Teas, Bring and Buy, Games,
Raffles, Ice-creams

Sponsored by Barclays Bank – matched £ for £

Everyone Welcome

At Jane & Paul's

Email – admin@stjohns-sudbury.co.uk for details



BENEDICTINE RETREAT DAY



Led by The Lay Community of St Benedict

Saturday 15th October

Trinity Methodist Church,
Brentgovel Street, Bury St Edmunds IP33 1EB

9.30 -10.00	Welcome/introductions & coffee
10.00 - 10.30	Lauds – Morning Prayer
10.30 - 11.30	St Benedict's life & vision / spirituality (Adam Simon - leader of LCSB presenting)
11.30 - 11.45	Refreshments
11.45 - 12.45	The new monasticism & LSCB
12.45 - 1.00	Midday Office
1.00 - 2.00	Lunch
2.00 - 3.00	Lectio Divina including quiet time for personal reflections & refreshments
3.00 - 3.30	Questions & Answers
3.30 - 4.30	Vespers - Evensong

£5 suggested donation including lunch

(if people are restricted due to finances please speak with Rev Jason)

If you are looking for preliminary reading – Rowan Williams – ‘the Way of St Benedict’ especially chapters 1-4 is recommended.

Booking essential – circuit.admin@hotmail.com or 01284 731082



In this issue we are looking at the 'buzzwords' which we find in conversations, on our day to day packaging and in the media. The marketing for all things 'green' has become big business for companies but slightly overwhelming for consumers. What do all these words and phrases actually mean, and are they useful in saving the environment.....

Alt

Alt, short for alternative, is commonly used on alternative plant-based food sources like alt-pork, alt-chicken, alt-beef, alt-duck and the like.

Biocontributive

With consumers wanting to buy products with the least environmental footprint, brands use the word biocontributive, meaning restoring or returning the resources they use. So, for example, a paper product company might say they're planting x number of trees for y amount of product it sells.

Biodegradable

These are materials that naturally break down to their original compound over time. Then, with the help of bacteria and microorganisms, they will

eventually decompose and return to sea or soil. A few examples would be food scraps and paper. However, just because a product says it is biodegradable, it doesn't mean it's already safe for the environment. Some biodegradable products are made with harmful chemicals that enter the environment as they break down.

Bioplastics

Compared to conventional plastics made from petroleum, bioplastics are made using organic materials such as cellulose, vegetable oils, or starches.

Carbon Footprint

A carbon footprint is the measurement of carbon emissions produced by an activity, individual, or product. Everything on this planet has a carbon footprint. According to the WHO (World Health Organization), seeking to reduce your carbon footprint will benefit the planet and one's health. For example, the organisation suggests cycling or walking instead of riding a vehicle and reducing the consumption of animal meat.

Carbon Neutral

The term carbon neutral means a product or activity's carbon dioxide emissions and carbon dioxide absorption cancel each other out, leading to net-zero emissions. Most companies attempt to be carbon neutral by participating in carbon offsetting.

Carbon Offsetting

Carbon offsets are attempts to reduce greenhouse gas emissions (GHG) to achieve carbon neutrality. For example, one might help restore a forest to compensate for carbon dioxide emissions or use solar- or wind-generated energy instead of traditional power supply.

Circular

Commonly used in the fashion industry, Circular is a concept of keeping products and materials in circulation instead of always manufacturing new ones. This is done by producing garments with more durable materials for a longer lifespan, participating in luxury resale or thrift shopping, or upcycling.

Climate Change

Long-term changes in temperatures and weather patterns are referred to as climate change. These shifts may be natural, but human activities have been the primary cause of climate change since the 1800s, owing mostly to the combustion of fossil fuels (such as coal, oil, and gas), which emit heat-trapping gases.

Climate Emergency

Winning Oxford Dictionary's Word of the Year in 2019, a climate emergency is a situation in which urgent action is required to prevent irreversible damage to the environment that can threaten all life on Earth, including humans. Many governments worldwide have declared that we are in a state of climate emergency.

Compostable

Compared to biodegradable materials, compostable products break down faster and do not leave any traces of harmful chemicals. The simplest would be composting leftover food. However, some compostable materials do not decompose easily in landfills and may require special facilities to decompose.

Eco-friendly

A vague term most companies use to imply that their products will not harm the environment.

Electric Vehicle

Also known as EVs, electric vehicles either partially or fully use electricity as its power source. [EVs](#) have low running costs and have fewer moving parts to maintain. They're also environmentally friendly as they do not use fossil fuels to run. Some EVs are even charged on electric power created through hydro-energy.

Energy Efficient

This means a product or an activity uses less energy to provide the power it needs to run compared to similar products or services. Some examples would be an energy-efficient lightbulb, a solar-powered home, or simply turning off appliances you're not using.

Ethical

Ethical trade is a movement to ensure that companies treat their employees fairly, especially regarding wages, hours, and rights. It's an agreement to prove that the workers are not being taken advantage of. This is an issue that usually occurs in poorer countries.

Flexitarian

Flexitarian is a play on the words "flexible" and "vegetarian". It signifies that diet followers regularly swap meat meals for plant-based foods like fruits, legumes, veggies, and whole grains, but are not strictly vegetarian.

Green

Refers to pursuing ecologically responsible practices that help the environment and sustain its natural resources.

Greenhouse Effect

The greenhouse effect is a natural process that warms the Earth's surface. It helps sustain life, and it's not necessarily evil, as most may assume.

Greenhouse gases also help block harmful solar radiation from reaching our planet.

However, if there's an imbalance due to the increased carbon dioxide levels, it can cause climate change. This would result in extreme weather, food shortages, and other disruptions.

Greenwashing

Greenwashing is the practice of creating a false image or presenting unsubstantiated claims to mislead consumers that products and services are truly beneficial to the environment.

Organic

Organic is a term for produce grown without chemicals, synthetic pesticides and fertilizers. They're also not genetically modified (non-GMO). Products are also labelled as organic if their ingredients are.

Plant-based

Plant-based or plant-forward eating patterns emphasise meals derived mostly from plants. They contain fruits, vegetables and nuts, seeds, oils, whole grains, legumes, and beans. It does not imply that you are a vegetarian or vegan who does not consume meat or dairy products. Plant-based foods typically replace meat with a similar-tasting alternative made from plants, often based on soy or mushrooms.

Pollution

Pollution is defined as the introduction of pollutants into the environment that results in adverse effects. It can be in the form of chemicals or energy, such as noise, heat, or light.

Recyclable

Recyclable materials are products that can be repurposed instead of going into landfills. It can include materials such as paper, glass, fabric, and even plastic. However, most recyclable items can only be reused for a certain time and eventually still get thrown away. That's why it's not the most sustainable solution, and many would recommend lessening their material consumption instead.

Renewable

Renewable means resources that will naturally replenish themselves over time. This can include energy, or such as cotton, soy, and even rainwater. A

renewable product can also be recycled, composted, or disposed of depending on its composition.

Reusable

Reusable simply means that an item can be used more than once, ideally multiple times, without being changed into a different product. Examples include keep cups, water bottles, tote bags, and bamboo straws. However, reusable items are commonly used in Greenwashing because instead of advising people to lessen their consumption, it only promotes more.

Sustainable

The most common definition of sustainability comes from the 1987 Brundtland Commission report for the United Nations. It defines the concept as “meeting the needs of the present without compromising the ability of future generations to meet their own needs”.

Upcycling

It's a term used to describe the creative reuse or transforming discarded items (usually with lesser value) or waste into new items with greater artistic or environmental value.

Vegan

Veganism is the practice of avoiding the consumption of animal products, notably in the diet and the accompanying ideology that opposes the commodity status of animals. Unlike many vegetarians, vegans will not consume products sourced from animal farming, such as milk, cheese or eggs.

Vegetarian

A person who does not eat meat and sometimes other animal products, especially for moral, religious, or health reasons.

Virus-washing

Similar to Greenwashing, virus-washing is a new term coined by companies using the recent pandemic for marketing ploys.

Zero-waste

The term zero-waste is used to the idea of resource conservation through responsible production and consumption. It means that nothing we produce will harm the planet.

However, just like carbon offsetting, this can be misleading because nothing can ever be truly 100 per cent zero-waste.

<https://viable.earth/understanding/green-buzzwords-sustainability-keywords-from-a-z/>

[Green Buzzwords: Sustainability keywords from A-Z - Viable Earth](#)



www.arochoa.org.uk/events

FoxeARTh ART DAYS

Foxearth Meadows Nature Reserve

The reserve is about a mile north of Foxearth village, between the River Stour and the lane north-west of Constable's Farm and Constable's Barn (private dwellings with postcode CO10 7HZ).



charm dragonfly townhouse

10.30 am onwards – with an epilogue at
3.00 pm for those who wish to join in.

Please come and enjoy a time of open air drawing or painting on the reserve. You don't have to be an expert—help will be provided if you'd like it. Basic materials available for a donation or bring your own.

Wellies or boots may be advisable and please bring your own Packed Lunch/drinks.

Children are welcome but must be accompanied by a responsible adult at all times.

Dates



Sat 2 July part of
**National Meadows
Day Celebration)**

Tues 23 August

Tues 13 September

To book your place please contact
Stella Davis 07599398866
artwisestella@gmail.com

FACILITIES:
Compostable toilet, Parking

**FOOD
MUSEUM**

Every Garden Matters

How to Save the World One
Garden at a Time

9 April – 8 October 2022

Co-curated exhibition with
Stowmarket Eco Future Group



Drawings from pupils at Trinity
CEVAP School, Stowmarket



foodmuseum.org.uk

Food Museum, Crowe
Street, Stowmarket
IP14 1DL

The exhibition continues. (Remember that it is free entry to Abbots Hall and the walled garden. Alternatively, your museum entry ticket allows you to visit for a whole year)

Refugee Poem by Brian Bilson submitted by Francis Carr -

Read through from the top first and then read it line by line
from the bottom to the top.

Refugee

They have no need of our help
So do not tell me
These haggard faces could belong to you or me
Should life have dealt a different hand
We need to see them for who they really are
Chancers and scroungers
Layabouts and loungers
With bombs up their sleeves
Cut-throats and thieves
They are not
Welcome here
We should make them
Go back to where they came from
They cannot
Share our food
Share our homes
Share our countries
Instead let us
Build a wall to keep them out
It is not okay to say
These are people just like us
A place should only belong to those who are born there
Do not be so stupid to think that
The world can be looked at another way

(now read from bottom to top)

Brian Bilson

<https://brianbilston.com/2016/03/23/refugees/>

Why support the Link to Hope Shoebox Appeal?



We ask people to fill a Shoebox for a family – not just a child. The list contains items for all family members and includes different items. These range from shampoo, family games, stationary items, gift for mum and dad as well as sweets, soft toys, hats, scarves etc

Our Family Shoebox Appeal has been running since 1992. We have delivered smiles to thousands of people in Eastern Europe over the years. In fact, we have sent in total over 1,000,000 shoeboxes to hundreds of different locations!



FAMILY SHOEBOX APPEAL

We give Family Shoeboxes to families who often have to make a choice between buying food or fuel at Christmas time. Buying presents is just not a priority. Many of these families do not have running water, heating or electricity. We know that some live in appalling conditions, often living in just one or two rooms, and life for them is a real struggle to survive.

A shoebox for a family means that everyone receives a gift. A scarf for the mum, a tape measure for the dad, toys and games for the children as well as stationery and coloured pens. The shoeboxes also contain toiletries, toothpaste, shampoo and soap to keep everyone clean and free from the germs that make them ill. And of course sweets and chocolates for everyone – a family favourite.

ELDERLY SHOEBOX APPEAL



We know that large numbers of elderly people are left alone due to their families leaving to work away. We therefore have the Elderly Shoebox Appeal. The boxes are similar however the children's games and education materials are replaced with a wind up torch, sensory items, candle and holder etc.

Boxes get sent to Romania, Bulgaria, Moldova and Ukraine.

Link to Hope is small enough that we have a personal relationship with all the key contacts in Eastern Europe who distribute your Shoeboxes. In addition we do spot checks to ensure that your boxes are received by the correct people.

We are a Christian charity who believe in distributing love to those in need regardless of background, colour, creed or religion.

CLICK HERE [Shoebox Registration Form 2022 - Link to Hope](https://linktohope.co.uk/shoebox-registration-2022/shoebox-registration-2022/shoebox-registration-form-2022/)

<https://linktohope.co.uk/shoebox-appeal-2022/shoebox-registration-2022/shoebox-registration-form-2022/>



Circuit Zoom Services

Sunday Zoom Services are at 6pm. Please see zoom links and passcodes below. You can access zoom on your landline by dialling any of the numbers below and inputting the meeting id and passcode when asked

Sunday 03rd July

Francis Carr

<https://zoom.us/j/85852814435?pwd=MFINMG1oMGhNWTViUmMzZkNScCtQQTO9>

Meeting ID: 858 5281 4435

Passcode: 004216

Dial by your location 0208 080 6591 0208 080 6592

0330 088 5830 0131 460 1196

0203 481 5237 0203 481 5240

0203 901 7895

Meeting ID: 858 5281 4435

Passcode: 004216

Sunday 10th July

Rev Rita Carr

<https://zoom.us/j/85852814435?pwd=MFINMG1oMGhNWTViUmMzZkNScCtQQTO9>

Meeting ID: 858 5281 4435

Passcode: 004216

Dial by your location 0208 080 6591 0208 080 6592

0330 088 5830 0131 460 1196

0203 481 5237 0203 481 5240

0203 901 7895

Meeting ID: 858 5281 4435

Passcode: 004216

Sunday 17th July

Rev Jason C Vinyard

<https://us02web.zoom.us/j/81643294747?pwd=cnJ2NmJGMm4wNmpHU0JOMVNwQVJUT09>

Meeting ID: 816 4329 4747

Passcode: 540493

Dial by your location

0131 460 1196 United Kingdom 0203 481 5237 United Kingdom

0203 481 5240 United Kingdom 0203 901 7895 United Kingdom

0208 080 6591 United Kingdom

Sunday 24th July

Rev Julie Minns

Holy Communion

(Please have your bread and wine alternative with you ready)

<https://us02web.zoom.us/j/6111649426?pwd=NWxiT2w0WXBqM2dzRDNmVG03QmV6Zz09>

Meeting ID: 611 164 9426

Passcode: 398104

0208 080 6592
0330 088 5830
0131 460 1196
0203 481 5237
0203 481 5240

Sunday 31st July

Francis Carr

<https://zoom.us/j/85852814435?pwd=MFINMG1oMGhNWTViUmMzZkNScCtQQT09>

Meeting ID: 858 5281 4435

Passcode: 004216

Dial by your location 0208 080 6591 0208 080 6592
0330 088 5830 0131 460 1196
0203 481 5237 0203 481 5240
0203 901 7895
Meeting ID: 858 5281 4435
Passcode: 004216

Sunday 7th August

Hannah Stammers

<https://zoom.us/j/85852814435?pwd=MFINMG1oMGhNWTViUmMzZkNScCtQQT09>

Meeting ID: 858 5281 4435

Passcode: 004216

Dial by your location 0208 080 6591 0208 080 6592
0330 088 5830 0131 460 1196
0203 481 5237 0203 481 5240
0203 901 7895
Meeting ID: 858 5281 4435
Passcode: 004216

Sunday 14th August

Stella Davis

<https://zoom.us/j/85852814435?pwd=MFINMG1oMGhNWTViUmMzZkNScCtQQT09>

Meeting ID: 858 5281 4435

Passcode: 004216

Dial by your location 0208 080 6591 0208 080 6592
0330 088 5830 0131 460 1196
0203 481 5237 0203 481 5240
0203 901 7895
Meeting ID: 858 5281 4435
Passcode: 004216

Sunday 21st August

Hannah Stammers

<https://us02web.zoom.us/j/81643294747?pwd=cnJ2NmJGMm4wNmpHU0JOMVNwQVJUT09>

Meeting ID: 816 4329 4747

Passcode: 540493

Dial by your location

0131 460 1196 United Kingdom

0203 481 5237 United Kingdom

0203 481 5240 United Kingdom

0203 901 7895 United Kingdom

0208 080 6591 United Kingdom

Sunday 28th August

Rev Rita Carr

<https://zoom.us/j/85852814435?pwd=MFJINMG1oMGhNWTViUmMzZkNScCtQQT09>

Meeting ID: 858 5281 4435

Passcode: 004216

Dial by your location 0208 080 6591

0208 080 6592

0330 088 5830

0131 460 1196

0203 481 5237

0203 481 5240

0203 901 7895

Meeting ID: 858 5281 4435

Passcode: 004216



**Come and join in the fun with us and help us fundraise
so we can continue raising awareness and support local families**

These are public events so bring your friends and family

Great fun together as you take turns to
roll the dice and build your Beetle accordingly.
Full instructions given – no experience necessary

Children up to 5-11 years £3

Adults and children 12+ £6

Not very suitable for under 5's



Bury St Edmunds: The Elven Centre – 9th July 2-4pm

Beccles: Hungate Church – Saturday 16th July 2:30-4:30pm

Ipswich: St Augustine's Community Hub – Saturday 23rd July 2-4pm

Saxmundham: St John's Church – Saturday 23rd July 2:30-4:30pm

To BOOK YOUR TICKETS

VISIT <https://beetledrivefundraiser.eventbrite.co.uk>

OR CONTACT US hello@homeforgoodsuffolk.org.uk / 07434462860

**Refreshments will be served
during our break time**

Thank you to everyone who has submitted articles, sent in their news, or told us about their events. We really would like this to be a newsletter written and enjoyed by all across the circuit. We'd love you to share your news, prayers, events, tips for life or thoughts in general. The deadline for the September Circuit Newsletter is 15th August.

We welcome your feedback on the content, format, and distribution of the newsletter. Please let us know your thoughts.

Anyone wishing to submit articles for the September Newsletter please send through to Caroline at the circuit office circuit.admin@hotmail.com by 15th August please, we look forward to hearing your news.

If you no longer wish to receive the newsletter or information from Bury St Edmunds Methodist Circuit please ring 01284 731082 or email circuit.admin@hotmail.com

DISCLAIMER: The views and opinions expressed in this newsletter are those of the contributors and do not necessarily represent the policy or position of The Bury St Edmunds Methodist Circuit, its employees or its members.

