



Newsletter from the Bury St Edmunds Circuit
for Sunday 9th August 2020

Dear Friends,

I decided that this year I would make strawberry jam – my favourite – especially after I managed to get a good deal at the market. It has boiled away, been jarred and now to wait and see if it sets (yes I did do the setting test) and to see what it tastes like. But I am disappointed the strawberries have risen even though I left them before jarring. Oh well the taste is the most important!



It set me thinking are strawberries or even jam mentioned in the Bible. So I turned to google for help. I searched for strawberries in the Bible, the result was some very strange references to verses none of which mentioned strawberries. So the next search – jam in the Bible – easy I thought!! NO!! I could have a jam Bible or 'Fam, Bam, Bible, Jam', which is about discovering together how God's word is our light, our guide and our way. It is a lively sing-along CD – now that could liven up our services!! But still no strawberries or jam. The nearest I could find was verse 29 in Genesis 1 'And God said, "Behold, I have given you every plant yielding seed that is on the face of all the earth, and every tree with seed in its fruit. You shall have them for food"'.

Well that suits me fine, I love fruit and now God is telling me I should eat it. A gift from God. So could I push that a little further – what about chocolate after all it comes from the dried and fully fermented seed of Theobroma cacao, surely God is telling me to eat it!!!

God has given us some wonderful gifts and in return we should pass forward our gifts to other people, we are truly blessed to know such a loving God who watches over us and supplies our needs in abundance. So if the jam sets and tastes good – you never know I may pass it forward!!!!

*God bless
from Debbie, Rita and Ruth.*

News From St. Johns Methodist Church Sudbury.

Dear friends,

Greetings from us all.

What strange times we are living through, not able to worship together at church on Sundays which we are all missing. I must say thank you to Debbie, Rita and Ruth for the worship sheets, newsletter etc. every week. Emma our community leader has been running a food bank with help from Storehouse and Sudbury community workers. It has been very well supported, many thanks to her at this time.

We are having discussions by Zoom meetings how we can safely return to Church, hopefully in September. We have been keeping in touch by telephone calls to our members.

God bless you all.

Sue Rampling.

Thought for the day

Each week day a 'thought for the day' is Posted on the circuit website, this will be written by different Local Preachers and Ministers. You can find this at <https://www.burystedmundsmethodistcircuit.org.uk/176052272319.htm>

Sunday Worship

A video recording of the Sunday Worship can be found on the Bury St Edmunds Methodist Circuit web site.

<http://trinitymethodistchurch.org.uk/summer2020.htm>

Zoom Sunday Worship: You are welcome to join Zoom Worship on a Sunday morning with Rev Debbie Borda or Rev Rita Carr. If you are interested please contact either of them and they will give you details of how to join a zoom meeting.

